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Lindsey Peacock Monkey bars are a lot like love

I shattered both arms when I was 6. The monkey bars at the school playground were too tempting and I had too much to prove. They were meant for "the big kids." I took that as a challenge. I had too much bravery for my tiny body. A sudden slip sent me tumbling. A 40-pound Icarus overtaken by first-grader hubris. Now, almost 40, your kindness makes me brave again despite one crackling arthritic elbow two failed marriages three more fractured limbs. I wrap my arms around you grounding us eyes squeezed shut. I tighten my grip pray my mended bones can hold you here. After three decades of

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lessons and practice I see I'm not plummeting to earth again instead you're my soft landing.

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Fried green tomatoes

You gave me my last taste of this unripened fruit. It was never my favourite, but you swore yours were worth it. "Set aside your white-knuckled opinions and just try a bite." I was skeptical—microwaved hot dogs were more suited to your kitchen skills—as you dragged the heirloom cast iron from its hiding place. Heated the canola until it sputtered. Hand-selected two perfect gritty patties. Fried the double-battered pucks until they transformed into golden, crispy morsels.

Now, that pan is spotted with rust. My tears spatter on my own plate of blond cornmeal. You were right. You're gone, and mine will never measure up.