

Wilderness House Literary Review 21/2

Dominique Williams

Memories Heave a Heavy Sigh

Memories heave a heavy sigh:

Recollections of transgressions

Floating in an abyss of what-ifs,

And Arcadian pastures

Re-enamored by the passage of time.

Memories heave a heavy sigh:

Paralyzing me in a union of regret and rapture,

The bliss of immaturity pre-dawned

An inevitable prison of accountability;

Memories heave a heavy sigh:

As their bittersweet presence quietly evaporates,

I come up for air,

Freeing myself

To release the shackles of mourning;

The disquiet of the irons commanding a dissertation of retrospection.